



Five Years of Partnership with Confederation College's Oral Hygiene Program

This year marked the fifth consecutive year of partnership with students at the Confederation College. 2nd year students from the Oral Hygiene class completed six community projects at the NorWest Community Health Centres, one more than last year.

Oral Hygiene students organized several presentations and activities to inform program participants on good oral health, good nutrition, and featuring hands on demonstrations for proper teeth brushing and flossing techniques. These activities were tailored to the needs of each group:

- The students organized activities to promote good oral health on three occasions for the children and youth attending a hot lunch program.
- Seniors were brought to the Oral Hygiene Clinic at Confederation College to have their teeth (or dentures) and gums examined, to receive instructions and advice in the care of dentures, and to have their teeth cleaned.
- Two presentations were made for our Healthy Moms Healthy Babies participants, with information on topics such as maternal oral health for mom and baby, gum disease and oral health problems during pregnancy.
- Two presentations were made for our Shake, Rattle and Roll participants on topics such as dental health for the infants and toddlers.
- Participants of the Aboriginal Craft program received information on how oral health can impact overall health in someone with a chronic disease.
- Three presentations were made for youths with Fetal Alcohol Spectrum Disorder.

As in past years, these community projects were very well received and very successful. We hope to continue this partnership with the Confederation College's Oral Hygiene Program in the future.

