



# *Play and Learn!*

At the NorWest Community Health Centres  
Thunder Bay Site - 525 Simpson Street



*Have a  
baby or kids  
under 5?*

*Finding it tough  
sometimes?*

*Or just want to talk  
with other mom's  
about  
kids' stuff?*



*Come and have  
a coffee and  
something to  
eat while you  
have a chat...*

*Get support...*

*Snacks and fun for your child...*

*Meet other mom's...*

*Learn new stuff, and share ideas..*

*...Free child care*



*Call 622-8235 & Sign up with Vivian or Genevieve*

*Next session starts*

*January 18, 2010*

**NorWest**

COMMUNITY HEALTH CENTRES  
CENTRES DE SANTÉ COMMUNAUTAIRE



Ontario's Community  
Health Centres  
Les centres de santé  
communautaire en Ontario