






February 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	2	3 	4 Grey Hares at 12:30 p.m.	5		
8	9	10	11 Grey Hares at 12:30 p.m. "Under the Weather" at 1:30 "Taking Control of your Diabetes" From 6-8 p.m.		13	14 
15 "Family Day"	16	17 	18 Grey Hares at 12:30 p.m. Taking Control of your Diabetes" From 6-8 p.m.	19	20 	21
22 Seniors lunch a month	23	24	25 Grey Hares at 12:30 p.m. Taking Control of your Diabetes" From 6-8 p.m.	26	27	28
29 					<div style="border: 1px solid black; padding: 5px;"> Norwest Community Health Centre 525 Simpson Street Thunder Bay, ON P7C 3J6 </div>	