



NorWest Community
Health Centres
Centres de santé
communautaire NorWest

Supported by:
 Ontario
North West Local Health
Integration Network

NorWest Community Health Centres
525 Simpson St
BABIES AND BELLIES
For new and expecting families



- **PRENATAL EDUCATION**
- **BABY'S DEVELOPMENT**
- **HEALTH AND NUTRITION**
- **SNACKS AND FUN**



BRING YOUR PARTNER OR SUPPORT PERSON
TUESDAYS, 9:30 – 11:00AM for 12 WEEKS
January 17th – April 3

For more information, please contact

Karen @622-8235

Childcare and transportation assistance available

Every One Matters.