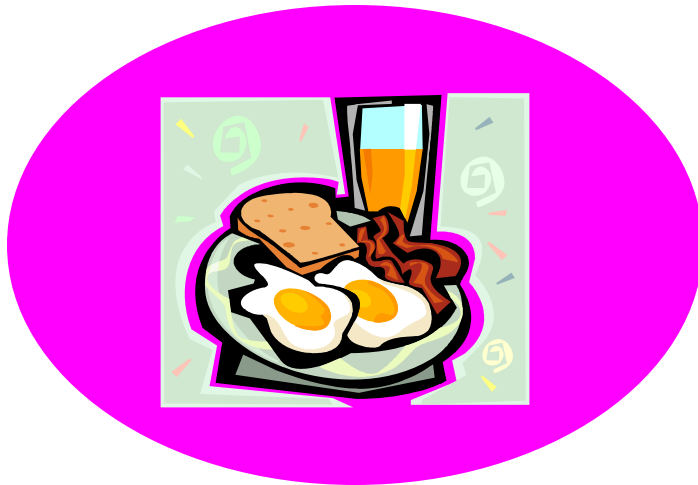


Breakfast Buddies

Time: 9:00 am to 1130 on Friday (*1x monthly*)

Dates: Dec. 16, Jan. 27, Feb. 17, Mar. 16

Location: NorWest Community Health Centres (Lower Level)



- Help cook a nutritious breakfast
- Childrens' Playtime
- Fun activities for all!

Please drop-in

NorWest Community Health Centres is located at:
525 Simpson St, Thunder Bay, ON P7C 3J6
Phone: 807-622-8235

www.norwestchc.org

