



NorWest Community
Health Centres
Centres de santé
communautaire NorWest



Living with Diabetes Series

Join our Nurse Practitioner & Dietitian to learn more about living well and managing your diabetes.

Blood sugar & blood pressure checks available.

Location:

NorWest Community Health Centres
525 Simpson Street (2nd floor)
1:30pm – 3:30pm

Friday, January 20th

The Nuts & Bolts of Diabetes and The Carbohydrate Connection

Friday, February 17th

Food for Thought: understanding the basics of what to eat

Friday, March 30th

How Sweet are you? Blood Glucose Meter Clinic and Pass on the Salt

Every One Matters.

Diabetes Series Info
Phone Kelly at 622-8235

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