



The neighbourhood that you move into may offer many resources to help you. Our neighbourhoods are filled with diverse cultures, languages and lifestyles. Becoming involved in the community can help you to build new friendships.



Information for People New to the City

Moving to a new city can be really exciting. It can also be challenging. The city of Thunder Bay offers many resources and activities to live a good quality of life. The following information may help you get settled in the city of Thunder Bay.

Things You Can Do

- Read local newspapers to find out what is happening in the city
- Check out local volunteer opportunities
- Visit the public library
- Get outside and familiarize yourself with your neighbourhood
- If there was something you liked to do before you moved, continue doing it

Where to Find Help

Thunder Bay Tourism Office 1-800-667-8386

Health Issues:

NorWest Community Health Centres 622-8235

525 Simpson St.

www.norwestchc.org

Fort William Family Health Network 626-1234

117 McKeller St. S.

Anishnawbe Mushkiki 343-4843

29 Royston Ct.

www.anishnawbe-mushkiki.org

Thunder Bay Regional Health Sciences Centre 684-6000

980 Oliver Rd.

www.tbrhsc.com

Thunder Bay District Health Unit 625-5900

999 Balmoral St.

www.tbdhu.com

Finding a Doctor www.cpsa.on.ca

Child and Youth Programs

See Fact Sheet on Children & Youth Programs

Community Centres

Ogden Community Centre 625-2198

600 McKenzie St.

Thunder Bay Indian Friendship Centre 345-5840

See www.thunderbay.ca for a complete listing



Information for People
New to the City



www.norwestchc.org • 1-866-357-5454 (toll free)

Where to Find Help

Schools/Education Facilities

Lakehead School Board 2135 Sills St. www.lakeheadschoools.ca	625-5100
Thunder Bay Catholic District School Board 115 West Mary St. 2nd Floor www.tbcdsb.on.ca	625-1555
Lakehead Adult Education Centre 125 South Lillie St. www.lakeheadschoools.ca/adult/	625-5145
Lakehead University 955 Oliver Rd. www.lakeheadu.ca	343-8110
Confederation College 1450 Nakina Dr. www.confederationc.on.ca	475-6110
Thunder Bay Public Library Brodie Street Library Branch, 216 Brodie St. www.tbpl.ca	623-0925

Employment Related Issues

YES Employment Services 1116 Waterford St. www.yesjobsnow.com	623-0768
Job Connect Confederation College Shuniah Building, Rm C113	475-6298
Ontario Works Employment Resource Centre Victoriaville Mall, 707 Victoria Ave.	625-2887

Emergency Food/Clothing/Furniture

See Fact Sheet on Health Eating & Food Security, and Used Clothing & Furniture

Transportation

Thunder Bay Transit Kids under 8 ride free when accompanied by an adult. Monthly passes available. 570 Fort William Rd. www.thunderbay.ca/transit	684-3744
Greyhound Canada 815 Fort William Rd.	345-2194

Social Service Issues

District of Thunder Bay Social Services Ontario Works, 34 Cumberland St. N., 4th Floor	766-2111
Shelter House Thunder Bay 420 George St. www.shelterhouse.on.ca	623-8182
Ontario Disability Support Program 111-435 James St. S.	473-3130 Press #1